

# *Awakening the Heart*

*Meditation*

*to connect with the earth*

*and*

*open to love for yourself and love for others*

*Wednesdays 6.30 - 8.30pm, Maleny*

*\$15 per session*

*Booking Necessary*

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*[www.heartmindconnections.org](http://www.heartmindconnections.org)*